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Physical Education Quarter 3 (Mon., Feb.8 - Thurs., Mar. 18, 2010) Open Courses

Activity	Title	Meetings	Capacity	Registered	Open spots	Fee	Prerequisites
Aquatics	SCUBA Diving	Tuesdays 7:00 PM Alumni Pool 25 yard	18	8	10	\$350	\$350 charged to student account. Must pass SCUBA pre-test on first day of class (200 yard swim, 20 yard swim underwater, and tread water for 10 minutes); must be 18 years of age. Tuesdays 7-10pm (2/9, 23, 3/2, 9, 16, 30, 4/6) Course fee includes pool sessions, instruction, classroom meetings with all appropriate equipment, transportation and all other appropriate equipment. A mask, fins and a snorkel will be necessary for open water dives. Contact PE office if interested in registering.
Aquatics	SCUBA Diving	Thursdays 7:00 PM Alumni Pool 25 yard	18	10	8	\$350	\$350 charged to student account. Must pass SCUBA pre-test on first day of class (200 yard swim, 20 yard swim underwater, and tread water for 10 minutes); must be 18 years of age. Thursdays 7-10pm (2/11, 18, 25, 3/4, 11, 18, 4/1) Course fee includes pool sessions, instruction, classroom meetings with all appropriate equipment, transportation and all other appropriate equipment. A mask, fins and a snorkel will be necessary for open water dives. Contact PE office if interested in registering.
Aquatics	Swimming, Beginner	MW 1:00 PM Zesiger Teaching Pool	14	12	2		
Aquatics	Swimming, Beginner	TR 11:00 AM Zesiger Teaching Pool	14	11	3		
Aquatics	Swimming, Beginner	TR 1:00 PM Zesiger Teaching Pool	14	13	1		
Dance	Modern Squares, Beginner	TR 8:15 PM Student Center W20	24	21	3		
Fitness	Weight Training	MW 2:00 PM Du Pont Varsity Weight Room	18	14	4		
Health and Wellness	Upgrade Your Health and Happiness - Nutrition & Fitness	TR 1:00 PM Du Pont T Club Lounge	20	6	14		
Health and Wellness	Upgrade Your Health and Happiness - Nutrition & Fitness	TR 11:00 AM Du Pont T Club Lounge	20	8	12		
Health and Wellness	Upgrade Your Health and Happiness - Nutrition & Fitness	TR 2:00 PM Du Pont T Club Lounge	20	7	13		
Individual Sports	Badminton	MW 2:00 PM Rockwell Cage South	16	13	3	\$5	
Individual Sports	Skate, Intermediate	MW 11:00 AM Johnson Ice Rink	20	12	8	\$15	
Individual Sports	Skate, Intermediate	MW 1:00 PM Johnson Ice Rink	20	12	8	\$15	
Individual Sports	Skate, Intermediate	MW 2:00 PM Johnson Ice Rink	20	9	11	\$15	
Individual Sports	Skate, Intermediate	TR 1:00 PM Johnson Ice Rink	20	13	7	\$15	
Individual Sports	Skate, Figure Skating	TR 11:00 AM Johnson Ice Rink	24	11	13	\$15	
Individual Sports	Self-Defense for Women	MW 11:00 AM Du Pont T Club Lounge	20	15	5		
Team Sports	Basketball	TR 1:00 PM Du Pont Courts 1 & 2	25	23	2		
Outdoor Education	Backpacking and Hiking	Saturday, April 17, 8am - Monday, April 19, 7pm Off Campus	10	4	6	\$275	Contact PE office if interested in registering.

Unless otherwise noted, go to first class session to sign up for open spots